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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**DepEd Task Force COVID-19**  
**MEMORANDUM No. 40**  
30 April 2020

For: **Members of the Executive Committee**  
**Members of the Management Committee**

Subject: **INVITATION TO THE EXECUTIVE COMMITTEE AND  
MANAGEMENT COMMITTEE TO PARTICIPATE IN A  
SERIES OF ACTIVITIES ON MENTAL HEALTH AND  
PSYCHOSOCIAL SUPPORT IN EMERGENCIES AMID  
THE COVID-19 PANDEMIC**

With the declaration of a state of public health emergency in the Philippines due to the COVID-19 pandemic and the enactment of the *Bayanihan to Heal as One Act*, the Department of Education (DepEd) is one with the nation in responding and preparing for a new normal in the field of education. Recognizing the extraordinary burden on top decision makers with the ability of foresight thinking amid the uncertainties surrounding COVID-19 and their exposure to the public, DepEd through the Disaster Risk Reduction and Management Service (DRRMS) is providing a series of **psychosocial support activities** for Executive Committee (ExeCom) and Management Committee (ManCom) members.

In this regard, DepEd ExeCom and ManCom are cordially invited to participate in the first activity, **“Leadership in COVID-19: A Webinar-Workshop on Well-being for DepEd ManCom and ExeCom”** on **06 May 2020, Wednesday, 9:00 A.M. to 11:00 A.M.** This session will cover the essence of Mental Health and Psychosocial Support Service (MHPSS) in Emergencies, identifying and supporting staff who need assistance, and psychosocial wellbeing of leaders. The program is attached for your reference. Attendees are kindly requested to register at <http://deped.in/WellbeingForLeaders> on or before 4 May 2020.



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**Office of the Undersecretary for Administration (OUA)**

[Administrative Service (AS), Information and Communications Technology Service (ICTS),  
Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support  
Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

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In addition, there will be a **series of small-group psychosocial support** with the following schedules:

<b>DATE</b>	<b>AUDIENCE</b>
13 May 2020 9:00 A.M. – 11:00 A.M.	23 Management Committee Members composed of the Central Office Directors
20 May 2020 9:00 A.M. – 11:00 A.M.	14 Executive Committee Members composed of the Secretary, six (6) Undersecretaries and seven (7) Assistant Secretaries
27 May 2020 9:00 A.M. – 11:00 A.M.	17 Management Committee Members composed of the Regional Directors
10 June 2020 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
8 July 2020 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
11 August 2020 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
8 September 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
14 October 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
11 November 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)
9 December 9:00 A.M. – 10:00 A.M.	15 ExeCom and ManCom Members (as requested)

For more information or suggestions, please contact Ms. Lara Jean Salaysay of DRRMS through mobile 0919 906 2920 or email address [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph).

Thank you and looking forward to your active participation.


  
**ALAIN DEL B. PASCUA**  
 Undersecretary  
 Chairperson, DepEd Task Force COVID-19  
 Member, IATF-MEID


  
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**“Leadership in COVID-19: A Webinar-Workshop on  
Well-being for DepEd ManCom and ExeCom”**

***Program of Activities***

*6 May 2020, Wednesday, 9:00 A.M. – 11:00 A.M.*

<b>TIME</b>	<b>AGENDA</b>
9:00 – 9:10 A.M.	Check-in
9:10 – 9:20 A.M.	Opening Remarks <i>Secretary Leonor M. Briones</i>
9:20 – 9:30 A.M.	Rationale <i>Dir. Ronilda R. Co of DRRMS</i>
9:30 – 9:35 A.M.	Introduction of the Speaker
9:35 – 10:05 A.M.	Every Day is a Good Day <i>Dr. Lourdes Ladrido-Ignacio</i> <ul style="list-style-type: none"><li>- The Essence of Mental Health and Psychosocial Support Services (MHPSS) in Emergencies</li><li>- Identifying and supporting staff who need assistance</li><li>- Psychosocial Wellbeing of Leaders</li></ul>
10:05 – 10:20 A.M.	Question and Answer
10:20 – 10:25 A.M.	Break
10:25 – 10:50 A.M.	Workshop on Zen Meditation (Non-sectarian)
10:50 – 11:00 A.M.	Word of Thanks and Ways Forward <i>Usec. Alain Del B. Pascua</i>

